

Workplace Violence

Counter Threat Response Model



- **LEARN** survival skills for violent confrontations - protecting and safeguarding human life
- **EQUIP** employees with knowledge and capability to respond effectively to incidents that threaten and endanger
- **INCREASE** personal safety and confidence.
- **REDUCE** stress, panic and confusion for victims in a violent attack
- **REDUCE** negative impacts on victim's physical and psychological wellbeing

For organisations

- **REDUCE** social and economic costs from unskilled responses to acts of violence
- **ENHANCE** emergency procedures and business continuity planning combined with effective life-saving skills
- **ADD** value to corporate social responsibility measures – a conscientious focus on staff and public

Why CARM Training

- Robust and tested approach to violent attacks first developed in 2001 for a leading Australian Airline (aligned to FAA Guidelines) to effectively respond to all acts of violence on-board an aircraft, including hijack.
- Training and associated tactics developed and delivered by specialists with more than two decades of risk management experience and training
- Subject matter experts in their field, drawing also on their expertise from operating in high risk environments gained within Police Tactical and Counter Terrorism Teams & Military Special Forces
- Award winning solutions recipients of two ASIAL national industry training awards for training excellence

Tactics for Surviving Violent Crime & Acts of Terrorism

When Your Life... Is Threatened



Background

Technological advancements have enabled 24/7 coverage, reporting and propaganda relating to global events and violence. Determined criminals and extremists are able to use covert tools, such as the 'dark web', to distribute information and to indoctrinate, coerce and assist others to plan and carry out violent acts and other crimes against society, including murder. Determined and relentless extremists seek the help of followers. Often these followers are isolated and disturbed individuals who are easily influenced and ready to act.

In Sept 2016 ISIL, in one of their online magazines, incited 'lone wolf' attacks ... "kill them on the streets of...Broadmeadows, Bankstown and Bondi. Kill them at the MCG, the SCG, the Opera House, and even in their backyards"

In connection with its assessment of risk, the Australian government has stated:

- "Australia and Australians are viewed as legitimate targets and those who wish to do us harm believe they have an ideological justification to conduct attacks".
- "Australians should go about their daily business as usual but should exercise caution and be aware of events immediately around them".

Other criminal acts of violence continue to target individuals and businesses, driven by a variety of motives that include revenge from disgruntled staff or customers, extortion, criminal profiteering, concealment of other crimes and mental health conditions. Actions have included murder, wounding's, serious assaults, bomb and other threats.

About This Training

The 'Counter Threat Response Model' (CTRMTM) program provides critical knowledge, skills and tactics to decrease people's vulnerability as victims, and provide participants with essential capabilities to assess, evaluate and respond effectively to a range of violent attacks from serious assaults through to acts of terrorism.



CTRM™ - Counter Threat Response Model





Australian Facts: The Terror Threat Environment

PROBABLE: Australia's national terrorism threat level, under the governments national threat advisory system.

Some of the plots that have occurred since 2014

- Planned attack by 5 men on Melbourne's landmarks (Federation Square, Flinders St Station) on Christmas Day
- Imminent shooting attack on random public and to target a government building/facility (Parramatta Court / Garden Island Navy Base / Victoria Barracks)
- Plan to kidnap and behead innocent people on camera and release footage in Sydney and Brisbane (arrested man heavily armed with firearms, machetes, knives - with attack imminent)
- Two teenagers planning to behead member of public in Sydney's southwest (bayonets)
- Teenager planning to stab a NSW Police Officer to
- Teenager, supporting Syrian extremism, planning lonewolf attack with firearm – targeting civilians in Sydney
- Teenage extremist planning to behead a police officer and shoot civilians on Anzac Day
- Two terror plotters planning an attack at Parramatta Westfield (knife and details on making a bomb detonator)
- Plan to detonate bombs at Mother's Day event in Melbourne
- Plan to run over police officer, kill the officer with a knife, take the officers firearm and go on a shooting rampage during Anzac Day events (Melbourne)
- Two men in Sydney's southwest planning to stab people in the kidneys and neck and commit a public beheading of a civilian (hunting knife)
- Four Islamic State inspired men plot to plant a bomb on an Etihad Airways flight departing Sydney

Recent Attacks

Recent terror attacks since 2014 include: The Lindt Café Siege in Sydney; shooting murder of a civilian police employee in Parramatta; stabbing murder of a hotel receptionist and shootout with police at Brighton in Melbourne; murder of a service station attendant and the stabbing of four others in a spree in Queanbeyan; ISIS inspired stabbing of a man in Mill Park Melbourne; Murder of a man and stabbing of three others in Melbourne; stabbing of two police officers in Endeavour Hills Melbourne; and a car attack in Bourke Street Melbourne.

Topics Covered

Topic 1: The Threat Environment

Focuses on critical thinking and analysing skills / competencies related to assessing and evaluating risks within acts of violence to enable an effective response:

- Appreciating the threat environment / assessing and evaluating risks
- Motivations behind various acts of violence / terrorism
- Evaluating effective courses of action and contingency responses
- Tactical thinking, decision making and contingency planning
- Managing stress within traumatic events

Topic 2: Incident Response - Application of the CTRM

Focuses on a set of response skills / competencies to enable people to apply tactics and skills to respond effectively. This Includes:

- Behaviours and tactics for hostage / siege situations
- Behaviours and tactics aimed at increasing survival against violent assaults including knife attack, active shooter, robbery and acts of terrorism



Training Solutions

This training is suitable for clients (people, government and organisations) whose work environments present increased risk exposure to violence

- Facilitated sessions (Duration: Various)
 - 1 day program delivered in-house to workplace groups
 - 2 hr keynote for large groups
 - 4 hr experiential applying CTRM to specific scenarios

E/M-Learning:

- o Refer brochures for details of other related "off-the-shelf" e/m Learning products that may suit your needs: "Managing Aggressive Behaviours" and "Robbery - CTRM"
- Enquire about our product development capability for tailoring an e/m learning or blended learning option to suit your brief

CUSTOMISATION: Our training solutions are contextualized to meet your specific learning & skill development needs, including your industry, operating environment, business and risk management profile and guidelines

For more details:

CARM® Training / Passmore Duff 1300 367 475

Email contact@carmtraining.com | www.carmtraining.com



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